



FIRST CONGREGATIONAL
UNITED CHURCH OF CHRIST · BOULDER



World Communion Sunday Let It Go!

October 6, 2024 | 10:30 AM

1128 Pine Street Boulder CO 80302 | 303.442.1787 | www.firstcong.net

ORDER OF WORSHIP

PRELUDE Fantasia G. P. Telemann
Nick Davies, clarinet
Kajsa Teitelbaum, piano

WELCOME AND CALL TO WORSHIP Lianna Campos

***PASSING THE PEACE**
Children and Youth may go to Music with Anne Martinez and return for Communion.

***HYMN 70** God Is Here! As We Your People Meet

PRAYER OF INVOCATION Rev. Christina Braudaway-Bauman
Faithful God,
You have called to us through the millennia!
You show up day in and day out, walking with us on this journey
and nourishing us along the way.
Bless us with the confidence to follow where You lead,
to serve You, and to share Your love
wherever that may take us.
Amen.

SCRIPTURE Exodus 16

SERMON Let It Go! Lianna Campos

MUSICAL MEDITATION Adagio Op. 70 R. Schumann

PRAYERS OF THE PEOPLE Rev. Linda Kowatch

THE LORD'S PRAYER
Our Father, who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread. And forgive us our debts, as we forgive our debtors.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom and the power and the glory forever. Amen.

MUSICAL MEDITATION

INVITATION TO COMMUNITY LIFE

OFFERTORY Let Us Break Bread Together Arr. W. D. Hall
Chancel Choir, Jessica Kressin, piano

***RESPONSE OF PRAISE**
*We give you but your own, whate'er the gift may be
All that we have is yours alone, we give it gratefully.*

**The asterisk is an invitation to rise in body or spirit.*

SACRAMENT OF HOLY COMMUNION

This congregation practices open Communion. All are welcome.

The cups are filled with grape juice. The bread is gluten free.

INVITATION

THE GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts!

We lift them up to God.

Let us give thanks to God Most High.

It is right to give God thanks and praise!

COMMUNION PRAYER

SHARING THE BREAD AND CUP

COMMUNION HYMN

Rise, O Church, like Christ Arisen



1 Rise, O church, like Christ a - ris - en, from this
2 Rise, trans - formed, and choose to fol - low af - ter
3 Rise, re - mem - ber well the fu - ture God has
4 Ser - vice be our sure vo - ca - tion; cour - age



meal of love and grace; may we through such love en -
Christ, though wound - ed, whole; bro - ken, shared, our lives are
called us to re - ceive; pres - ent by God's lov - ing
be our dai - ly breath; mer - cy be our des - ti -



vi - sion whose we are, and whose, our praise. Al - le -
hal - lowed to re - lease and to con - sole. Al - le -
nur - ture, Spir - it - ed then let us live. Al - le -
na - tion from this day and un - to death. Al - le -



lu - ia, al - le - lu - ia: God, the won - der of our days.
lu - ia, al - le - lu - ia: Christ, our pres - ent, past, and goal.
lu - ia, al - le - lu - ia: Spir - it, grace by whom we live.
lu - ia, al - le - lu - ia. Rise, O church, a liv - ing faith.



Eat this bread, drink this cup, come to me and nev-er be hun - gry.



Eat this bread, drink this cup, trust in me and you will not thirst.

PRAYER OF THANKSGIVING

We thank you, God, for calling your people
 from the east, the west, the south and the north
 to feast together at your table.
 Strengthen our faith,
 increase our love for one another,
 and send us forth into the world in courage and peace,
 rejoicing in the power of the Holy Spirit.
 Go with us to the streets, to our homes,
 and to our places of labor and leisure,
 that whether we are gathered or scattered,
 we may be the servant church of the servant Christ,
 in whose name we pray. Amen.

*HYMN #18

Guide Me, O My Great Redeemer

*BENEDICTION

POSTLUDE

Festive Processional
 Kajsa Teitelbaum organ

F. Peeters

Welcome to **The First Congregational Church Boulder**, a community of faith on a journey of faith. Founded in 1864, the first church built in Boulder, we have been gathering ever since as a community of kindred hearts to worship, to learn and grow in the light of God's grace, to extend ourselves in compassionate service, and to be instruments of God's transformation in the world.

The flowers for today are from the garden of Scott and Sue Allman, before the first frost.

If you would like to donate flowers for a special occasion or in honor or memory of a loved one for an upcoming Sunday service, please contact Anne Byrne 303-601-7671 (annebyrnehome@comcast.net).

CHILDCARE is available with Laura in the nursery.

CHILDREN and **YOUTH** (grades 6+) Elementary Children & Youth Begin in Worship to be Released to Church School.

We have a **HEARING LOOP SYSTEM** in the Sanctuary which sends sound directly into a hearing aid/cochlear implant. Switch your hearing aid to T-coil. Or, in both the Sanctuary and Chapel, pocket-sized FM receivers are also available from the ushers. BYO earbuds or use the

MOBILE

Text JOY2GIVEFCC to 73256

ONLINE

www.firstcong.net/give

ENVELOPE

Cash or Check



HAPPENING TODAY

Racial Justice Ministry Forum: Amache - Today at 9:15 AM - Plymouth Hall

We will welcome Gil Asakawa, retired Denver Post reporter and author of Being Japanese-American. He will present on the topic of Japanese-Americans in Colorado. This presentation and discussion will help us prepare for the upcoming Pilgrimage to Southeast Colorado which includes the Amache Japanese Internment camp near Granada.

Family Night - Today - 4 PM Nursery Play, 5 PM Dinner, 5:45 Programs

It's time for Family Night again! Join for a variety of programs for all ages centered around a pasta meal for everyone. Prior to dinner, the nursery is open for parents and 0-PreK children for some free-play and chatting with Lianna. All families are invited to dinner at 5, and then we'll split into different age groups for programs! To register, disclose any dietary restrictions, and view the full event description visit... (<https://tinyurl.com/mr3naj7n>). Any questions? Contact Lianna at lianna@firstcong.net.

SEASON OF PRAYER

Prayer Booklets

Each week, during our Season of Prayer, you are invited to pick up a Prayer Booklet of Scripture, prayers, poetry, and art to prompt your reflection and accompany you through the week. If you have of reading or photograph you would like to contribute to this offering of edifying words and beauty, please send it to Chris Braudaway-Bauman at chris@firstcong.net. Booklet are available to you in print form in the narthex of the sanctuary or online - Week 1: <https://tinyurl.com/475f6hww>
Week 2: <https://tinyurl.com/9j6cpenn>

Contemplative Prayer Worship

Thursday Evenings from 6 to 6:45 PM - Chapel

Gather in the Chapel for a weekly service of silence, quiet singing, candlelight, and gentle community - a time to rest in God's presence, listen for Spirit's leading, and speak the prayers and concerns of your heart.

Prayer Walks - Continue on Saturday, 10/5 at 2 PM and Friday, 10/11 at 3 PM

Join church member Jane Ireland for a Prayer Walk in nearby city and town centers. *The walk on Saturday, October 5, at 2 PM on the Caribou Ranch trail is planned especially for families.*

The walk on Friday, October 11 at 3 PM will begin at 350 Kimbark Street, Longmont, the location of offices of Longmont's City Manager, City Clerk, and Mayor. Join Jane for as many walks as fit your interest and schedule. You'll find more information about all the walks online at - <https://tinyurl.com/3y6s8rau>

ANNOUNCEMENTS

Knitting Ministry - Tuesday, 10/8 at 1:30 PM - Heritage Room

Calling all knitters, crocheters, and anyone who is interested in learning to knit --prayer shawls, baby blankets, senior high school blankets and items for Knitting for Peace. Bring your knitting and join us. Contact jestroh@comcast.net or almaalber3@gmail.com.

Save the Date Open and Affirming Anniversary - Sunday, 10/13 at 10:30 AM Worship "What the Bible Says About Homosexuality"

On Sunday, October 13, we celebrate 37 years of being an Open and Affirming Congregation (ONA). Dr. Emily Askew will preach and lead a workshop following Worship on what the Bible says about homosexuality by addressing "the clobber passages," verses in the Bible that have been used by many Christians to exclude and condemn those in the LGBTQ+ Community. A light lunch will be provided. *Please RSVP for lunch and workshop at <https://tinyurl.com/n2dx8nyx>*

Youth Retreat at La Foret! 10/18 - 10/20 - Register Now!

All youth grades 6-12 are invited to La Foret for the Fall Youth Retreat. There, we will explore the theme "(I'm)permanence, leave your mark," learning to cultivate our own practices of spiritually grounded permanence and exploring leaving a lasting mark on the world around them. There will also have time to relax and enjoy nature in the beauty of our beloved La Foret with friends both new and old. To learn more and register, visit <https://tinyurl.com/mshctpht>. Contact lianna@firstcong.net.

Crop Hunger Walk - Sunday, 10/20, 2:00 PM Walk Starting (Cairn Christian Church, Lafayette)

The Crop Hunger Walk raises funds and awareness for Community Food Share, committed to helping feed people in need in our community, and Church World Service, who provide disaster relief around the world. Walk and/or, donate to our team at <https://tinyurl.com/38623n3x>, and stop by the Crop Walk Table at church to learn more. Contact Team Capt. Denise Cone (denise.cone@msn.com).