

Last Things Ministry: *Videos about end-of-life issues*

Update 10.17.20 JTA

Caitlin Doughty – A burial practice that nourishes the planet. (12 min)

www.ted.com/talks/caitlin_doughty_a_burial_practice_that_nourishes_the_planet?utm_source=tedcomshare&utm_medium=email&utm_campaign=tedsread

Here's a question we all have to answer sooner or later: What do you want to happen to your body when you die? Funeral director Caitlin Doughty explores new ways to prepare us for inevitable mortality. In this thoughtful talk, learn more about ideas for burial (like "recomposting" and "conservation burial") that return our bodies back to the earth in an eco-friendly, humble and self-aware way.

Tom & Jennifer Brokaw – TED talk (19 min)

www.youtube.com/watch?v=OCFwlysc56c

Tom & Jennifer Brokaw, in a heart-to-heart conversation about end of life issues: what's important, what decisions family members may need to make. Jennifer, an ER physician, notes that most physicians have no idea if their patients have Advanced Directives. Jennifer challenges her father to be specific about his wishes.

Lucy Kalanithi, widow of "When Breath Becomes Air" author. (16 min)

www.ted.com/talks/lucy_kalanithi_what_makes_life_worth_living_in_the_face_of_death:

In this deeply moving talk, Lucy Kalanithi reflects on life and purpose, sharing the story of her late husband, Paul, a young neurosurgeon who was diagnosed with terminal cancer at age 36. "Engaging in the full range of experience — living and dying, love and loss — is what we get to do," Kalanithi says. "Being human doesn't happen despite suffering — it happens within it."

Peg Battin – talks about her husband's bike accident, paralysis and death. (20 ½ min)

www.youtube.com/watch?v=UtkHnUeNEp4

Philosopher and bioethicist Peggy Battin tells us the moving story of how and why her husband chose to die.

BJ Miller – palliative care doctor without legs/arm. (19 min)

www.ted.com/talks/bj_miller_what_really_matters_at_the_end_of_life

At the end of our lives, what do we most wish for? For many, it's simply comfort, respect, love. BJ Miller is a hospice and palliative medicine physician who thinks deeply about how to create a dignified, graceful end of life for his patients. This moving talk asks big questions about how we think about death, and honor life.

Phyllis Shackter – talks about her husband's suicide. (17 ½ min)

www.youtube.com/watch?v=tiYPaU3h3w8

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Phyllis Shackter shares her experience with her husband, who decided to end his life with 5 unusual choices.

Ellen Goodman – 2019 2 minutes: Ellen does the math – statistics about EOL wishes:
(Might be good with Go Wish Cards)

<https://www.youtube.com/watch?v=wSOBGM0owT4>

Death Café -- a college video project modeling a death café discussion (my boss and I advised): 10:38 <https://www.youtube.com/watch?v=fCza9-S0pVQ&t=>

TCP doctors aren't ready: 3 ½ minutes, with Farrow: hospice and palliative care: "What would be a good day for you." <https://www.youtube.com/watch?v=Dnnu43Zt-oA>

From TCP "Practice Makes Perfect" – fun 2:38 video of young people trying to practice engaging their elders in conversation: <https://www.youtube.com/watch?v=CgOoWU68si4>

IHI 6 voices: 2: 47; the challenges of breaking the ice about wishes for end-of-life choices with parents/family.

<https://www.youtube.com/watch?v=CgOoWU68si4&t=78s>

Who will speak for you (from Conversation Project) – very funny examples whom NOT to pick!! 2:02

https://www.youtube.com/watch?time_continue=10&v=iTxv-20ULwQ

Timothy Ihrig on: TED-X: What is Palliative Care, 13:29;

<https://www.youtube.com/watch?v=BI-CnsKyOuk>

Caitlin Doughty TED talk – recomposting and one burial practice that nourishes the planet 12 min; <https://www.youtube.com/watch?v=zcMj4Az1MwE>

David Woods, a physician, on the challenge of being a surrogate without preparation.

https://www.youtube.com/watch?time_continue=14&v=ianKj-htPDA "When wishes are not respected at the end of life" – medical language that would need some stops to "translation" and discussion of the additional issues for a non-doctor. 5:08.

<https://www.youtube.com/watch?v=9LauPuBII-E> Very good 7+ minute multi-ethnic discussion by family of challenges for proxies, associated with the Stanford letter-writing project.

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<https://www.youtube.com/watch?v=lFIRvFqmMM0> 3:28 Australian discussion of about conversations with family. Why talk is important, then writing down wishes.

<https://theconversationproject.org/tcp-blog/ellen-goodman-talks-dementia-and-alzheimers-disease/> Ellen Goodman 2020, 3:21. Talking about her story with Dementia and Alzheimer's.

"Don't Panic, It's OK: A Letter to Loved ones making Difficult Choices." 1:38.

https://www.youtube.com/watch?v=z0CaQXgyF7g&feature=emb_logo